

Whom may we thank for referring you to this office → _____?

APPLICATION FOR CARE AT FREEDOM CHIROPRACTIC

Today's Date: _____

PATIENT DEMOGRAPHICS

Name: _____ Birth Date: ____-____-____ Age: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

E-mail Address: _____ Home Phone: _____ Mobile Phone: _____

Marital Status: Single Married Do you have Insurance: Yes No Work Phone: _____

Social Security #: _____ Driver's License #: _____

Employer: _____ Occupation: _____

Spouse's Name _____ Spouse's Employer _____

Number of children and Ages: _____

Name & Number of Emergency Contact: _____ Relationship: _____

HISTORY OF COMPLAINT

Please identify the condition(s) that brought you to this office: Primarily: _____

Secondarily: _____ Third: _____ Fourth: _____

On a scale of **0** to **10** with **10** being the worst pain and **zero** being no pain, rate your above complaints by **circling**:

Primary or chief complaint is: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Second complaints is: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Third complaint: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Fourth complaint: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

When did the problem(s) begin? _____ When is the problem at its worst? AM PM mid-day late PM

How long does it last? It is constant **OR** I experience it on and off during the day **OR** It comes and goes throughout the week

How did the injury happen? _____

Condition(s) ever been treated by anyone in the past? No Yes **If yes**, when: _____ by whom? _____

How long were you under care: _____ What were the results? _____

Name of Previous Chiropractor: _____ N/A

***PLEASE MARK** the areas on the Diagram with the following **letters** to describe your symptoms:

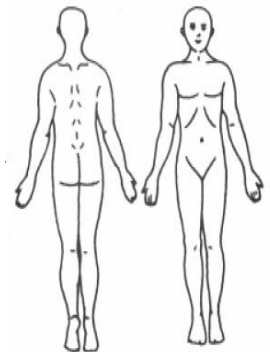
R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/ Stabbing T = Tingling

What relieves your symptoms? _____

What makes them feel worse? _____

Is your problem the result of ANY type of accident? Yes, No

Identify any other injury(s) to your spine, minor or major, that the doctor should know about:



LIST RESTRICTED ACTIVITY:

CURRENT ACTIVITY LEVEL

USUAL ACTIVITY LEVEL

_____ : _____

_____ : _____

_____ : _____

_____ : _____

PAST HISTORY

Have you suffered with any of this or a similar problem in the past? No Yes **If yes** how many times? _____
When was the last episode? _____ How did the injury happen? _____

Other forms of treatment tried: No Yes **If yes**, please state **what** type of treatment: _____,
and who provided it: _____ **How long ago?** _____ What were the results. Favorable Unfavorable →
please explain. _____

Please identify any and all types of jobs you have had in the past that have imposed any physical stress on you or your body:

If you have ever been diagnosed with any of the following conditions, please indicate with a **P** for in the **Past**, **C** for **Currently** have and **N** for **Never** have had:

___ Broken Bone ___ Dislocations ___ Tumors ___ Rheumatoid Arthritis ___ Fracture ___ Disability ___ Cancer
___ Heart Attack ___ Osteo Arthritis ___ Diabetes ___ Cerebral Vascular ___ Other serious conditions:

PLEASE identify ALL PAST and any CURRENT conditions you feel may be contributing to your present problem:

	HOW LONG AGO	TYPE OF CARE RECEIVED	BY WHOM
INJURIES	→		
SURGERIES	→		
CHILDHOOD DISEASES	→		
ADULT DISEASES	→		

SOCIAL HISTORY

- Smoking:** cigars pipe cigarettes → How often? Daily Weekends Occasionally Never
- Alcoholic Beverage:** consumption occurs → Daily Weekends Occasionally Never
- Recreational Drug use:** Daily Weekends Occasionally Never

FAMILY HISTORY

- Does anyone in your family suffer with the same condition(s)? No Yes
If yes whom: grandmother grandfather mother father sister's brother's son(s) daughter(s)
Have they ever been treated for their condition? No Yes I don't know
- Any other hereditary conditions** the doctor should be aware of. No Yes: _____

I hereby authorize payment to be made directly to Freedom Chiropractic, for all benefits which may be payable under a healthcare plan or from any other collateral sources. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments, and further acknowledge that this assignment of benefits does not in any way relieve me of payment liability and that I will remain financially responsible to Freedom Chiropractic for any and all services I receive at this office.

Patient or Authorized Person's Signature

____ - ____ - ____
Date Completed

Doctor's Signature

____ - ____ - ____
Date Form Reviewed

INITIAL NERVE SYSTEM PROFILE

1. When was your most recent auto accident? _____
 - a. What speed was the collision? _____
 - b. Type of impact: Front Impact / Side Impact / Rear Impact
 - c. Was treatment received? Please describe _____

2. When was your most recent strain / stress at work? _____
 - a. Please describe the manner of the injury _____
 - b. Was treatment received? Please describe _____
 - c. Does your job require you remain in long term stressful postures? _____
 - d. (i.e. all day seating, repeated lifting, long term computer use)

3. Spinal traumas in the past? _____
 - a. Collision, quick burst, or repetitive motion sports: football, wrestling, basketball, baseball, soccer, tennis, golf, track and field _____
 - b. Trauma as a child! i.e. fall on your head, impact to your head, concussion, fall onto your back or tailbone, biking accident _____
 - c. Work around the house – lifting, bending, woke up with stiff neck, “back went out” _____

INITIAL NUTRITIONAL PROFILE

1. Have you tested with high triglycerides or high cholesterol? (Y / N) Values? _____

2. Have you tested with high blood pressure? (Y / N)

3. Are you diabetic? Have you been diagnosed as pre-diabetic or with metabolic syndrome? (Y / N)

4. Do you eat breakfast daily from Monday to Friday? (Y / N) _____

5. How many days per week do you skip one meal? (0) (1) (2) (3) (4+)

6. How many fast food, refined foods, or pre-pared meals do you eat per week? (0) (1-3) (4-6) (7+)

7. How many servings of fruit do you have on a given day? (0-1) (2-3) (4+)

8. How many servings of vegetables do you have on a given day? (0-1) (2-3) (4-5)

9. Do you regularly drink (1 or more per day) any of the following? (circle all that apply)

Diet Soda Coffee Juice Milk Soda Alcohol

Please list any supplements you take regularly:

INITIAL FITNESS PROFILE

1. How many times per week do you exercise?
2. Cardiovascular ___Hours ___Days/Wk
3. Weight Training ___Hours ___Days/Wk
4. Low Impact (Yoga, etc.) ___Hours ___Days/Wk
5. What is your target weight? _____What is your current weight? _____
6. How willing are you to change any of these things to reach your health goals? **(Scale of 1-10)** _____

INITIAL TOXICITY PROFILE

1. Are you regularly exposed to cleaning products or industrial chemicals? (Y / N)
2. Have you ever noticed mold growing in your home or your place of work? (Y / N)
3. Does your home, work, school, or car have damp or mildew smell? (Y / N)
4. Have you received a full standard profile of vaccinations? (Y / N)
5. Do you receive yearly flu shots? (Y / N) How many flu shots have you received? _____ (estimate)
6. Have any members of your family been diagnosed with fibromyalgia, chronic fatigue or multiple chemical sensitivities? (Y / N)
7. Do you have symptoms of hormonal system imbalance (thyroid, reproductive, adrenal)? (Y / N)

INITIAL STRESS PROFILE

1. Do you get an average of 8 hours of sleep per night (Y/N)
2. Do you average less than 7 hours of sleep per night (Y/N)
3. Do you ever take pills to go to sleep or relax (Y/N)
4. Do you often feel short on time and procrastinate on projects? (Y / N)
5. Do you experience feelings of anxiety about completing tasks? (Y / N)
6. Do you feel like you don't give enough time or attention to important areas in your life like family, personal growth, or a hobby? (Y / N)
7. Do you rely more on your memory than a planner and action list to get things done? (Y / N)
8. Do you take time to pray, meditate, or visualize on a regular basis? (Y / N)

ACTIVITIES OF DAILY LIVING/SYMPTOMS/MEDICATIONS**Daily Activities: Effects of Current conditions On Performance**

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

Bending	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Concentrating	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Doing computer Work	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Gardening	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Playing Sports	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Recreation Activities	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Shoveling	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sleeping	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Watching TV	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Carrying	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Dancing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Dressing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Lifting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Pushing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Rolling Over	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sitting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Working	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Climbing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Doing Chores	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Driving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Performing Sexual Activity	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Reading	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Running	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sitting to Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Walking	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform

Please mark P for in the Past, C for Currently have and N for Never

- | | | | | |
|---|---|--|---|---|
| <input type="checkbox"/> Headache | <input type="checkbox"/> Pregnant (Now) | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Frequent Colds/Flu | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Impotence/Sexual Dysfun. | <input type="checkbox"/> Heartburn |
| <input type="checkbox"/> Jaw Pain, TMJ | <input type="checkbox"/> Convulsions/Epilepsy | <input type="checkbox"/> Fainting | <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Heart Problem |
| <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Tremors | <input type="checkbox"/> Double Vision | <input type="checkbox"/> Colon Trouble | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Upper Back Pain | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Diarrhea/Constipation | <input type="checkbox"/> Low Blood Pressure |
| <input type="checkbox"/> Mid Back Pain | <input type="checkbox"/> Pain w/Cough/Sneeze | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Menopausal Problems | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Foot or Knee Problems | <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Menstrual Problem | <input type="checkbox"/> Difficulty Breathing |
| <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Sinus/Drainage Problem | <input type="checkbox"/> Depression | <input type="checkbox"/> PMS | <input type="checkbox"/> Lung Problems |
| <input type="checkbox"/> Back Curvature | <input type="checkbox"/> Swollen/Painful Joints | <input type="checkbox"/> Irritable | <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Kidney Trouble |
| <input type="checkbox"/> Scoliosis | <input type="checkbox"/> Skin Problems | <input type="checkbox"/> Mood Changes | <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Gall Bladder Trouble |
| <input type="checkbox"/> Numb/Tingling arms, hands, fingers | | <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Liver Trouble |
| <input type="checkbox"/> Numb/Tingling legs, feet, toes | | <input type="checkbox"/> Allergies | <input type="checkbox"/> Trouble Sleeping | <input type="checkbox"/> Hepatitis (A,B,C) |

List Prescription & Non-Prescription drugs you take: _____

FREEDOM CHIROPRACTIC POLICIES & CONSENT TO CARE (Page 1)

WELCOME. We are honored to be part of your journey to better health. Please read these policies and consent carefully. We feel it is important that you understand our office policies regarding, how patients of this practice are cared for, and the various methods we offer to facilitate payment for that care. If you have questions or anything is unclear, please let a member of our staff know before submitting your **Application for Care**. It is in everyone's best interest that your decision as to whether you wish to become a patient is informed.

Over time, individuals who are accepted, as patients at this office, gain a greater understanding as to the purpose of chiropractic. Since the majority of patient care occurs in an open bay area, patients have a unique opportunity to observe firsthand the positive results that are achieved and the benefits derived from being under chiropractic care. This knowledge and awareness reaps a positive environment that promotes healing and encourages families to maintain good health. We want your experience with us to be an exceptional one, so help us to help you and together we can make affirmative changes in your life and the lives of those you care about.

FIRST THINGS FIRST: Prior to receiving chiropractic care at this office, a health history and examination will be completed. Imaging studies as well as any other necessary diagnostics may also be ordered, to confirm the true nature of your condition and exact location of subluxations. The results of these procedures will aid in assessing your presenting problem, your overall health and, in particular, the condition of your spine. They will also assist the doctor in determining the type and amount of care you will need. All relevant findings will be reported to you along with care plan recommendations so that you can make the best possible decision regarding your health care needs. Our gold standard for care is to ensure the reduction of subluxation while teaching patients what they need to do in addition to being adjusted to maintain their health for a lifetime.

CHIROPRACTIC CARE: When a patient seeks chiropractic care, it is essential that the patient and doctor are working toward the same objective. Chiropractic is a branch of the healing arts distinct from other branches (e.g. osteopathic or allopathic). Doctors of chiropractic view health as a continuum from optimal health, to hidden imbalances, to disease. Rather than treating disease, chiropractic aims to improve health by eliminating underlying imbalances that interfere with the body's functioning. Such imbalances include subluxation, a major interference to the expression of the body's innate wisdom. Our doctors use specific spinal correction and musculoskeletal techniques to help eliminate subluxation. We also use diagnostic testing and nutritional remedial measures to help achieve homeostasis - a [dynamic equilibrium](#), in which the body continuously changes to maintain optimal internal stability in response to external conditions. As doctors of chiropractic, we do not prescribe drugs or perform surgery and all changes to prescription medications must be made by your prescribing provider. We may, however, recommend homeopathic and botanical medicines, vitamins, minerals, phytonutrients, antioxidants, enzymes, glandular extracts, non-prescription drugs, and medical goods and devices. Although we may screen for the prevention and early detection of cancer, doctors of chiropractic do not treat cancer. We may, however, work with patients who have cancer in conjunction with, but not replacing, drugs, surgery, or chemotherapy. It is important that you understand both the objective and the method(s) so there is no confusion or disappointment. Tremendous progress has been made in the rehabilitating and correction of spinal problems. Where in the past, chronic spinal structural problems could not be reversed or corrected, today they can. Your doctor will outline a course of treatment that will take you beyond simple pain relief, through two distinct phases of care to make a structural correction to your spine that will enable your central nervous system to function optimally, thereby improving you overall health.

RISKS: Chiropractic adjustment involves some risk including, without limit, fractures, disc injury, sprains, dislocation, and vascular injuries/stroke. Hidden conditions, such as tumors and vascular disorders, may increase this risk. Although the nutritional remedial measures we recommend are generally considered safe, they involve some risk including, without limit, changes in blood sugar, allergic reaction, and gastrointestinal upset. They may also may be inappropriate during pregnancy, toxic in large doses, and may interact with certain drugs. You agree to consult with your prescribing physician/provider about any prescription drugs you are taking and the impact of supplements, vitamins, minerals, food grade herbs, and other nutrients on such drugs. You also agree to immediately report suspected pregnancy or any potential interactions to us and your prescribing providers.

FREEDOM CHIROPRACTIC POLICIES & CONSENT TO CARE (Page 2)

ALTERNATIVES: I understand that the alternatives include doing nothing and/or relying solely on care from providers in other branches of the healing arts. We always encourage you to communicate with your other health providers about your care.

NO GUARANTEE: Every individual responds to care differently and no guarantee or assurance is made as to the results of care in any specific case, as care may not improve your condition.

PAYMENT, INSURANCE, AND REFUNDS: Payment for services is not conditional on response to care. There is no guarantee of insurance coverage. Any insurance you have is an agreement between you and your insurance carrier and you are responsible for payment of services, whether or not they are covered by insurance. Prorated fees for unused, prepaid services will be refunded if you wish to cancel; however, no refunds are available for products purchased or services rendered.

PATIENT PRIVACY: The majority of care takes place in an open bay area. Accordingly, conversations you have with the doctor may be overheard by others. To maintain privacy, if you have a confidential matter you wish to discuss please let us know and we will schedule time for you to speak to the doctor in a private consultation room. These consultations must be scheduled in advance.

REPORT OF FINDINGS: To enhance understanding of our approach, you will be scheduled for a "Report of Findings" following your first appointment. Attendance is required for individuals who wish to become patients of this practice. Because the results of your examinations and care recommendations will be discussed at that time, we strongly urge you to invite your spouse or a significant other to attend. We know that when a patient's family understands the goals of care and how restoring and maintaining health can affect their lives as well, they become supportive in making important treatment decisions.

QUESTIONS AND ANSWERS: I have read and fully understand this consent, and understand that I should not sign this form if any of my questions have not been explained to my satisfaction or if I do not understand any of the terms or words. Knowing the risks of chiropractic care, I consent to chiropractic care and recommendations.

DO NOT SIGN UNLESS YOU HAVE READ AND FULLY UNDERSTAND!

Patient or Person with Authority to Consent

Date

Note: Patient retains the above Notice of Office Policies and Freedom Chiropractic retains the signature sheet.

FREEDOM CHIROPRACTIC POLICIES & CONSENT TO CARE (Page 3)

Patient initials: _____ *-retaining pages 1 & 2 of 3*

I hereby acknowledge receiving a copy of the practices 'Office Policies' a two page document, the first page of which I have read and retained. This second page is recognized by me as the signature page and will be retained by the practice as evidence of my receiving and understanding this 'Notice'. I further acknowledge that any concerns regarding these 'Policies' as well as all my questions have been answered by a qualified member of the staff to my complete satisfaction.

Patient's Name (Print)

DOB

Patient signature

Date

Witness

Date

FREEDOM CHIROPRACTIC NOTICE OF PRIVACY PRACTICE (Page 1)

This office is required to notify you in writing, that by law, we must maintain the privacy and confidentiality of your Personal Health Information. In addition we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which, by law, or as dictated by our office policy, we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. In addition, you will find we have placed several copies in report folders labeled 'HIPAA' on tables in the reception. Once you have read this notice, please sign the last page, and return only the signature page (page 2) to our front desk receptionist. Keep this page for your records.

PERMITTED DISCLOSURES:

1. Treatment purposes- discussion with other health care providers involved in your care
2. Inadvertent disclosures- open treating area mean open discussion. If you need to speak privately to the doctor, please let our staff know so we can place you in a private consultation room.
3. For payment purposes - to obtain payment from your insurance company or any other collateral source.
4. For workers compensation purposes- to process a claim or aid in investigation
5. Emergency- in the event of a medical emergency we may notify a family member
6. For Public health and safety - in order to prevent or lessen a serious or eminent threat to the health or safety of a person or general public.
7. To Government agencies or Law enforcement – to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons –discussion with coroners and medical examiners in the event of a patient's death.
10. Telephone calls or emails and appointment reminders -we may call your home and leave messages regarding a missed appointment or apprise you of changes in practice hours or upcoming events.
11. Change of ownership- in the event this practice is sold, the new owners would have access to your PHI.

YOUR RIGHTS:

1. To receive an accounting of disclosures
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice
3. To request mailings to an address different than residence
4. To request Restrictions on certain uses and disclosures and with whom we release information to, although we are not required to comply. If, however, we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance
6. To request amendments to information. However, like restrictions, we are not required to agree to them.
7. To obtain one copy of your records at no charge, when timely notice is provided (72 hours). X-rays are original records and you are therefore not entitled to them. If you would like us to outsource them to an imaging center, to have copies made, we will be happy to accommodate you. However, you will be responsible for this cost.

COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information, please call Mark at (719) 533-0303. If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to:

DHHS, Office of Civil Rights
200 Independence Ave. SW
Room 509F HHH Building
Washington DC 20201

FREEDOM CHIROPRACTIC NOTICE OF PRIVACY PRACTICE (Page 2)

Patient initials: _____ -retaining page 1 of 2

Freedom Chiropractic's NOTICE REGARDING YOUR RIGHT TO PRIVACY continued....

I have received a copy of Freedom Chiropractic's Patient Privacy Notice. I understand my rights as well as the practices duty to protect my health information, and have conveyed my understanding of these rights and duties to the doctor. I further understand that this office reserves the right to amend this "Notice of Privacy Practice" at a time in the future and will make the new provisions effective for all information that it maintains past and present.

I am aware that a more comprehensive version of this "Notice" is available to me and several copies kept in the reception area. At this time, I do not have any questions regarding my rights or any of the information I have received.

Patient's Name (Print)

DOB

Patient signature

Date

Witness

Date

**Freedom Chiropractic is committed
to insuring the privacy and confidentiality for your medical records.
We comply with the Health Insurance Portability and Accessibility Act
of 1996 (HIPPA).**

To whom may we speak with other than yourself regarding your medical care?
(If more than one, please list all)

Spouse Child Sibling Care Giver Friend Other

Name: _____

Spouse Child Sibling Care Giver Friend Other

Name: _____

Spouse Child Sibling Care Giver Friend Other

Name: _____

May we leave a voicemail on your primary phone number? Yes No

May we leave a voicemail on your work phone number? Yes No

May we leave a voicemail on your alternate phone number? Yes No

May we mail medical information to your home? Yes No

I have been made aware of the privacy policies of Freedom Chiropractic, and have received
(or made available to me) a copy of the Notice of Privacy Practices of Freedom Chiropractic.

Patient signature

Date